

# Middle East Conflict Update

Updated 05/03/2026

Due to the ongoing conflict in the Middle East and the wider regional instability, our underwriter has issued updated guidance that affects some travel insurance policies.

## Countries Currently Unavailable for Single Trip Policies

At this time, we are unable to offer single trip travel insurance for trips to the following countries:

Israel	Jordan	Bangladesh	Indonesia
Turkey	Oman	Sri Lanka	Vietnam
Cyprus	Qatar	Maldives	Philippines
Bahrain	Saudi Arabia	Nepal	Cambodia
Iran	UAE	Thailand	Myanmar
Iraq	India	Singapore	Australia
Kuwait	Pakistan	Malaysia	New Zealand

This list may change as the situation develops, so please check back regularly for updates.

## Annual Multi-Trip Policies

Annual multi-trip policies for Europe, Worldwide Excluding (USA, Canada, Mexico, Caribbean), and Worldwide are still available.

However, it is important to be aware that **your policy will not provide cover if you travel to any destination where the Foreign, Commonwealth and Development Office (FCDO) advises against all or all but essential travel**. This applies to all policies, including both single trip and annual multi-trip.

Please always check the latest [FCDO](#) travel advice for the country you plan to visit.

## Important Information About Existing Events

All travel insurance policies include a general exclusion that applies to every customer:

**There is no cover for any event or situation you were already aware of when you bought your policy or booked your trip.**

This means that if the FCDO has already issued travel warnings for a destination, buying a policy afterwards will not provide cover for a trip to that location.

Annual multi-trip policies are still available for general future travel planning, and cover continues to apply as normal for destinations that remain eligible.

**Need More Help?**

- You can find full details about travel advice exclusions in your policy wording
- We will continue to update this page as the situation changes
- If you have any questions, our travel team is here to help